

This Sunday August 22 at 10:30 a.m. Serenity Service on the Power of Will with our Prayer Partners

Click here to join service.

Meeting ID: 826 6542 1004 Passcode: 393852 Click here for phone-in instructions.



Our Prayer Partners will lead us in a Serenity Service on the Power of Will. Through music, silence and prayer, we will deepen further into our embodiment of Will.

The USCO Prayer Team is grateful to offer one-on-one affirmative prayer before Sunday Service.

Affirmative prayer is foundational to Unity. *Affirmative* means agreeing with a statement, being supportive, hopeful, or encouraging. Through our prayers, we affirm the truth of our spiritual nature as divine beings having a human experience.



<u>Click here</u> to join with the Prayer Partner from 9:45 to 10:15 am. You will benefit from the gift of private, affirmative prayer, a helpful reminder of spiritual principle. The Prayer Partner will receive you from the Zoom Waiting Room at her earliest convenience as she may be praying with another congregant when you arrive.

Michael Swinwood's Full Moon Meditation

Saturday August 21 at 7:00 p.m. Click here to join.

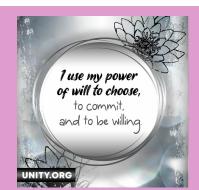


Next week, August 29: "Divine Will and Other Conundrums" with Rev David Old (Unity Windsor)

USCO has been invited on a virtual road trip to join Unity Windsor at **10:30 AM** ET.

Here's how it will work with Unity Windsor:

- **1.** at 10:30 a.m. you can view the service by accessing Unity Windsor's Facebook Live by clicking here.
- **2.** Directly after viewing the service, at approximately 11:30 a.m. join on Zoom for live fellowship and "Conversations with the Minister" to explore the Sunday message in more depth by **clicking here.**Meeting ID: 707 358 016; Password: 224114



2021 VIRTUAL CONFERENCE OCTOBER 22-24 BRIDGING THE DIVIDE: LIVING AS ONENESS

Early Bird Registration Open Now!

2021 Unity Canada Conference

- This year's 3-day Conference event brings you the spoken and musical voices of some of our Unity all-time favourites, as well as introduces you to some powerful voices of change that may be new to you:
- singer, songwriter and recording artist David Roth
- keynote speaker and founder of The KOJO Institute Kike Ojo-Thompson
- author of Martha's Pearls, A Spiritual Approach to Life Rev. Dr. Martha Creek
- co-founders of Project Sanctus Rev. Ogun Holder and Rev. Kelly Isola

Special pricing of \$80 before September 30, 2021

For more information click here

Indian Horse by Richard Wagamese



Bridging the Divide Book Club continues, Newcomers welcome!

Saul Indian Horse, a young Ojibway from proud northern Canadian clans, has a tormented past that includes being kidnapped and taken to a residential school where nuns and priests cruelly punished the children in the name of Christianity.

A young priest recognizes Saul's gift for hockey, but despite unimaginable success in the sport, deep-rooted demons grip Saul, resulting in blinding rages fueled by alcohol. His painful journey to inner peace takes him to the depths of despair and near death.

This book, selected for the 2013 Canada Reads contest, is a stunning, gritty story of survival and resilience that unfolds with genuine raw emotion on every page. A must read.

August 26 and Sept 9 from 12:00 to 1:30 p.m. Click here for Zoom link.



Prayer is what centres us, strengthens us, and gives us peace. Affirmative prayer has the power to transform our lives. And prayer has always been at the heart of Unity.

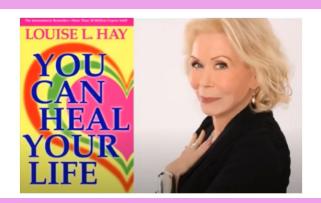
We invite you to watch the video and find out more atunity.org/wdop

And we affirm "No matter the circumstances, all is well with my soul."

Unity Worldwide Theme for August is Will

To read more about the Power of Will <u>click here</u> and click on the tab for August.





Unity Spiritual Centre
Hamilton invites us to join their
new enrichment class based
on You Can Heal Your Life by
Louise Hay. The class teaches
love of the self and release of
guilt to become mentally free
and physically healthy. You
will only begin to change your
life when you learn how to

love yourself properly.

The classes will be held on Saturdays, starting on October 2 from 10:30 a.m. – 12:30 p.m. Early bird fee (before September 15) is \$60.

To register for the class click here

Required text is You Can Heal Your Life by Louise Hay.

Save the dates!

Unity Fundraiser!

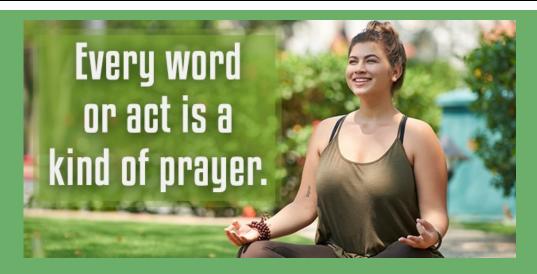
Develop your intuitive awareness – NEW online course led by Intuitive Author and Unity Ottawa member, Cheryl Jiala Driskell.
This course will help you further awaken that amazing Intuition that is already reaching out to flourish through you. Discover the ways to Listen, Feel, See and Know your intuitive nature. Know the inner voices that are talking to you. Which one is the healthy guide? Dive into your heart to surrender more deeply into the guidance that is accessible to you.



Cost is \$100 with ALL proceeds returning to your Unity community.

Tuesdays from 7:30-9pm (EST), October 12th, 19th and 26th, November 2nd and 9th.

For more information: click here



A regular prayer practice can open our hearts to the presence of God

Positive prayer is powerful, and regular prayer can help us open hearts to the presence of God. <u>Click here</u> to enjoy eight daily practices for positive prayer from Rev. Hypatia Hasbrouck.

Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office, officeunityottawa@yahoo.ca, to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray with you.





How you can give:

- 1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
- 2. Donate at www.unityottawa.org
- 3. E-transfer to officeunityottawa@yahoo.ca
- 4. Mail a cheque to:

Unity Spiritual Centre Ottawa Box 21587, 3080 Carling Avenue Ottawa, ON K2B 0A3

Thank you for your generosity!

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

Upcoming Sunday Services (all on Zoom)

August 22:

Serenity Service on the Power of Will with our Prayer Partners

August 29: (we join Unity Windsor)

"Divine Will and Other Conundrums" with Rev. David Old

<u>September 5:</u> (Unity Kitchener joins us) "High Watch" with Rev. Toni Boehm