

**This Sunday August 8 at 10:30 a.m. with Rev. Ogun Holder  
The Power of Will, Part 2: From Will to Wow**

[Click here](#) to join service.

**Meeting ID: 195 915 846 Passcode: 016155**

[Click here](#) for phone-in instructions.

Some consider calming the storm to be one of Jesus' greatest miracles. Perhaps the true miracle was that he was asleep on the boat during the storm in the first place! We'll explore how the Power of Will can not only bring us to an inner peace that passes understanding, but now we can also live from that peace to create a World of Wonder around us.



Rev. Ogun Holder is an ordained Unity Minister, a certified Spiritual Coach, a WEPSS Certified Enneagram Instructor, and co-founder of project SANCTUS: a safe, brave, online space to discover and be our Holiest self, and in so doing co-create a world of equanimity, justice and love for all. He is an author (*Rants To Revelations: Unabashedly Honest Reflections on Life, Spirituality, and the Meaning of God*), a podcaster (Pub Theology Live; The Evolving Enneagram Interspiritual Podcast), and he also served as a music and choir director in multiple spiritual communities. Learn more about Ogun at [revogunholder.com](http://revogunholder.com) and [projectsanctus.com](http://projectsanctus.com)

---

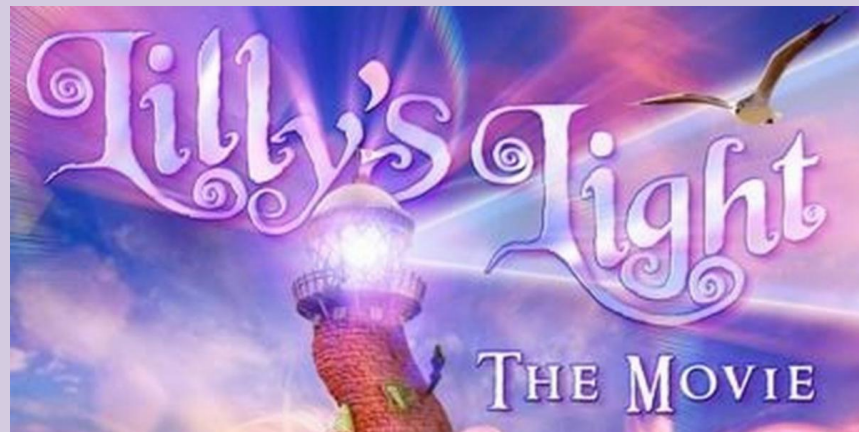
**Next week, August 15:  
In Our Darkest Night, There Is A  
Spark Of Light!  
with Sherry Hursey**

Just when the caterpillar thought the world was over, just when it all seemed dim, there was nothing left to do but discover that even as darkness turned into light it became a butterfly. If nature can do it, so can we.

Through a combination of stories and songs filled with lyrical life lessons, Sherry Hursey (accompanied by her husband Rick Cowling) will share her magical journey, transformational insights and discoveries that have led to healing, purpose, passion and spiritual awakening.



Sherry Hursey has been the Music Director for Unity Of The Oaks for nearly 10 years and discovered Unity when she first moved to Los Angeles at age 14. She is an award-winning actress, vocalist, writer and producer whose face and voice are very familiar to television, radio and film audiences worldwide. Most recognized as Ilene on the hit series *Home Improvement*, or Kirsten Dunst's mother in the Universal blockbuster *Bring It On*, Sherry has an extensive list of credits from stage to screen. Spreading her wings and following the call of her spirit, Sherry wrote, produced and starred in the uplifting musical pilot, *Lilly's Light*, which aired on PBS and was the winner of the KIDSFIRST BEST AWARD! USCO will be screening *Lilly's Light* on Monday Aug 23 at 6:30 p.m.



USCO will be having a special screening of the delightful family film "Lilly's Light" on Mon Aug 23 starting at 6:30 p.m. Watch with your children, grandchildren and/or your child within! \$20 per screen. All proceeds to USCO. To see the trailer [click here](#)

After the movie, which runs just over an hour, creator/writer/actress Sherry Hursey will join for Q&A. For more about Sherry see above.

**The USCO Prayer Team is grateful to offer  
one-on-one affirmative prayer before  
Sunday Service.**

Affirmative prayer is foundational to Unity. *Affirmative* means agreeing with a statement, being supportive, hopeful, or encouraging. Through our prayers, we affirm the truth of our spiritual nature as divine beings having a human

experience.

[Click here](#) to join with the Prayer Partner from 9:45 to 10:15 am. You will benefit from the gift of private, affirmative prayer, a helpful reminder of spiritual principle. The Prayer Partner will receive you from the Zoom Waiting Room at her earliest convenience as she may be praying with another congregant when you arrive.

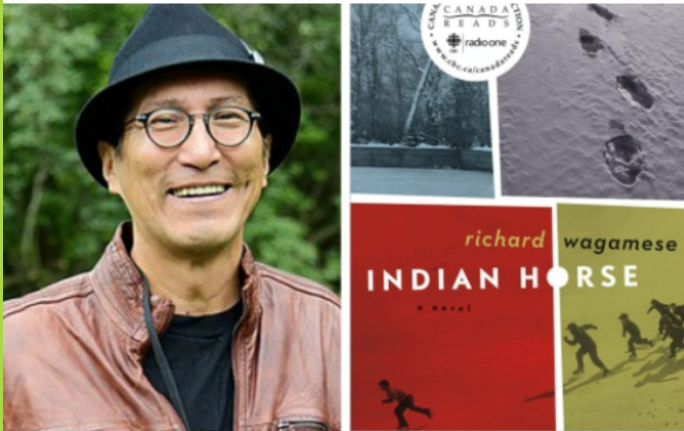


## Unity Worldwide Theme for August is Will

To read more about the Power of Will [click here](#) and click on the tab for August.



## *Indian Horse* by Richard Wagamese



Join us to discuss the first book we will be studying in the Bridging the Divide Book Club!

Saul Indian Horse, a young Ojibway from proud northern Canadian clans, has a tormented past that includes being kidnapped and taken to a residential school where nuns and priests cruelly punished the children in the name of Christianity.

A young priest recognizes Saul's gift for hockey, but despite unimaginable success in the sport, deep-rooted demons grip Saul, resulting in blinding rages fuelled by alcohol. His painful journey to inner peace takes him to the depths of despair and near death.

This book, selected for the 2013 Canada Reads contest, is a stunning, gritty story of survival and resilience that unfolds with genuine raw emotion on every page. A must read.

**August 12 & 26 and Sept 9 from 12:00 to 1:30 p.m.**  
[Click here](#) for Zoom link.



## THE SPIRIT OF FAMILY

FAITH, INSPIRATION, AND HEALING

### New booklet from Unity Worldwide Ministries

Every family is unique, but all families share challenges along with moments of joy. In good times—and even in times of hurt, fear, or doubt—we can see the power of God in action.

***The Spirit of Family: Faith, Inspiration, and Healing*** offers personal yet practical accounts of how to learn and grow as you navigate family relationships.

Request your free copy [here](#).

### The Power of Positive Messages

Even in challenging times, everything is perfect. Read the inspirational message from Bernie Siegel, MD in *Unity Magazine* [here](#).



**Bernie Siegel** is a retired pediatric and general surgeon as well as the *New York Times* best-selling author of a dozen books, including *Love, Medicine, and Miracles* (Harper & Row, 1986). A pioneer in mind-body medicine, he founded the nonprofit organization Exceptional Cancer Patients in 1978. Visit [berniesiegelmd.com](http://berniesiegelmd.com).



**UNITY WORLD  
DAY OF PRAYER**  
September 8–9, 2021

Prayer is what centres us, strengthens us, and gives us peace. Affirmative prayer has the power to transform our lives. And prayer has always been at the heart of Unity.

We invite you to watch the video and find out more at [unity.org/wdop](https://unity.org/wdop)

And we affirm “No matter the circumstances, all is well with my soul.”

### Prayer Requests

USCO’s Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office, [officeunityottawa@yahoo.ca](mailto:officeunityottawa@yahoo.ca), to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray





### How you can give:

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
2. Donate at [www.unityottawa.org](http://www.unityottawa.org)
3. E-transfer to [officeunityottawa@yahoo.ca](mailto:officeunityottawa@yahoo.ca)
4. Mail a cheque to:

Unity Spiritual Centre Ottawa  
Box 21587, 3080 Carling Avenue  
Ottawa, ON K2B 0A3

Thank you for your generosity!

---

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

---

### Upcoming Sunday Services (all on Zoom)

**August 1:** (Unity Kitchener joins us)

The Power of Will, Part 1: From Want to Will with Rev. Ogun Holder

**August 8:** (we join Unity Kitchener)

The Power of Will, Part 2: From Will to WOW with Rev. Ogun Holder

**August 15:**

In Our Darkest Night, There Is A Spark of Light! with Rev. Sherry Hursey

---