

Sun Jan. 24, 10:30 a.m.

**A Mentoring Moment
with
Rev. Dr. Martha Creek and Linda McCabe**

[Click here](#) to join service.

Meeting ID: 894 0210 2795

Passcode: 185061

[Click here](#) for phone-in instructions.



Each of us have created and woven our own unique story. Join Rev. Dr. Martha Creek for a video, *Mentoring Moment*, with Linda McCabe as they explore their joint adventure to Peru's Sacred Valley in November 2018 and discuss some of the lessons they learned.

This Sunday is Community Circle time!



Join us after fellowship on January 24th for our Community Circle! This is your chance to hear what the Board has been up to and to ask questions and share your feedback.



SUN Jan. 31: Serenity Service on the Power of Faith with USCO Prayer Partners

How to Stay Centred No Matter What: 12 Tools for Achieving Inner Peace in a Chaotic World is the Unity Worldwide theme for 2021.

In January we are invited to embody and activate the Power of Faith, our ability to perceive a greater truth than our physical senses might be reporting.

Faith, like all of our spiritual Powers or abilities, already exists in us. However, it is our job to recognize, activate and direct this power, in order to achieve its awesome impact in our life.

This month's Serenity Service is designed, through prayer, silence, music and affirmations, to deepen us in our embodiment of Faith.



Unity Worldwide Theme for January is Faith

[Click here](#) for Faith video.

To read more about Faith [click here](#) and click on tab for January.



How you can give:

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
2. Donate at www.unityottawa.org
3. E-transfer to officeunityottawa@yahoo.ca
4. Mail a cheque to:

Unity Spiritual Centre Ottawa
Box 21587, 3080 Carling Avenue
Ottawa, ON K2B 0A3

Thank you for your generosity!

Michael Swinwood's Full Moon Ceremony



Thursday, January 28, 7:00 p.m.

To participate, go to our website, www.unityottawa.org and click on the event on January 28.

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our volunteers and staff.

Upcoming Sunday Services (all on Zoom)

January 24:

Video: A mentoring moment with Rev. Dr. Martha Creek, Sacred Sites and Spiritual Evolution with Linda McCabe

January 31:
Serenity Service on the Power of Faith

February 7:
Staying Strong No Matter What with Rev. Roxanne Buckle