



This Sunday 10:30 a.m. - Serenity Service on the Power of Faith with our Prayer Partners

Click here to join service.

Meeting ID: 874 9861 5844; Passcode: 614215 Click here for phone-in instructions.



How to Stay Centered No Matter What: 12 Tools for Achieving Inner Peace in a Chaotic World is the Unity Worldwide Ministries theme for 2021. In January we are invited to embody and activate the Power of Faith, our ability to perceive a greater truth than our physical senses might be reporting. Faith, like all of our spiritual Powers or abilities, already exists in us. However, it is our job to recognize, activate and direct this power, in order to achieve its awesome impact in our life.

This month's Serenity Service is designed, through prayer, silence, music and affirmations, to deepen us in our embodiment of Faith.

Michael Swinwood's Full Moon Ceremony Tonight! at 7:00 p.m.

To participate, go to our website, <u>www.unityottawa.org</u> and click on the event on January 28.

Coming Next Sunday Feb 7 "Stay Strong no Matter What"

Rev. Roxanne wonders: "anybody besides me feeling like a year into this pandemic 'enough already'? Some days I'm digging so deep for the ability to keep going my shovel is getting lost! Next Sunday, let's explore how our



spiritual Power of Strength can be activated to help us navigate these unprecedented human experiences."

Are you being called to share your gifts in Sacred Service?

The terms of two of our Board members are ending soon. If you are a member, and feeling called to step into one of those positions please contact the office. Being a member of the Board is an excellent opportunity to grow spiritually and to enrich the depth of your understanding of Unity. The Board meets once a month at 6:00 p.m., via Zoom, on a Monday evening.

We also are looking for greeters to join one or two Sunday services a month around 10:20 a.m. to welcome everyone to the virtual service. This is a throwback to that wonderful time when our greeters met us at the door and gave us a hug. Unfortunately, there will only be virtual hugs for the foreseeable future, but a warm greeting to the service can be just as welcoming.

Please let the office know if these sacred service opportunities are calling to you by emailing officeunityottawa@yahoo.ca.

Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray with you.



NEW Community Corner

At the community circle, we decided to add a new section to the newsletter called "Community Corner."

In this section we will highlight information sent to us by you as a way to get to know one another better. Examples of things you might want in the Corner include your hobbies, special celebrations, family news, etc.

Please send your input to the office at officeunityottawa@yahoo.ca no later than Monday morning for inclusion in that week's newsletter.



Unity Worldwide Theme for January is Faith

Click here for Faith video.

To read more about Faith click here and click on tab for January.



How you can give:

- 1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
- 2. Donate at www.unityottawa.org
- 3. E-transfer to officeunityottawa@yahoo.ca
- 4. Mail a cheque to:

Unity Spiritual Centre Ottawa Box 21587, 3080 Carling Avenue Ottawa, ON K2B 0A3

Thank you for your generosity!

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

Upcoming Sunday Services (all on Zoom)

January 31:

Serenity Service on the Power of Faith with our Prayer Partners

<u>February 7:</u> (Unity Kitchener joins us)
Staying Strong No Matter What with Rev. Roxanne Buckle

February 14: (joining with Unity Kitchener)
Igniting a Love Affair with Life and Self with Mel Horvath-Lucid