

**This Sunday, June 27 at 10:30 a.m.  
Serenity Service on the Power of Imagination  
with our Prayer Partners**

[Click here](#) to join service.

Meeting ID: 868 1334 0054 Passcode: 038068

[Click here](#) for phone-in instructions.

This Sunday our Prayer Partners will lead us in a Serenity Service on the Power of Imagination. As we have been learning, our power of Imagination is that innate quality that allows us to conceptualize possibilities in our mind's eye before we can see them in the physical. Through music, silence and prayer, we will deepen further into our embodiment of Imagination.



**Missed last week's Service?**

[Click here](#) to watch our service on our YouTube channel.



**Tonight at 7:00 p.m.**

**Full Moon Meditation  
with Michael Swinwood**

[Click here](#) to join on Zoom

**Next week, July 4: Understand This!  
with Rev. Roxanne Buckle**

Rev. Roxanne kicks off the month of Understanding with posing the following questions: Do you really KNOW you are more than human? Do you UNDERSTAND the spiritual laws that are active in your life? What are you PERCEIVING in the situations that show up in

your life...problems or possibilities?



## June is Seniors' Month!

In June we celebrate Seniors' Month in Ontario and other provinces. This year's theme is "**Stay safe, active and connected.**" It's a time when we recognize our amazing older adults and the contributions they have made in communities across Ontario.

Ontario is focusing on programs and services that enable seniors to remain safe, healthy, engaged and live life to the fullest during the COVID-19 outbreak and beyond:

- **Stay safe:** Get information on vaccines and community supports to help seniors stay safe.
- **Stay active:** Get information on programs and services to help seniors stay physically and mentally healthy.
- **Stay connected:** Find social, cultural, learning, volunteer and recreational programs to help seniors stay socially connected.



### WORKSHOP with Martha Creek! Sun July 18, 12:30 p.m.

**"We can't be spiritually mature without emotional maturity"**

This 2-hour workshop explores the importance of accepting and being with our emotions. Too often, we bypass that which is uncomfortable or unfamiliar and judge emotions as bad. Our divine responsibility is to integrate all the spiritual teachings we've been reading and taking about.

Workshop fee: \$25. Pre-registration required.

To register, please email [officeunityottawa@yahoo.ca](mailto:officeunityottawa@yahoo.ca).

The workshop has a separate link to the Sunday service that day. You must register and receive the link in order to attend.

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## Unity Worldwide Theme for June is Imagination

To read more about Imagination [click here](#) and click on tab for June.

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## New Spiritual Education and Enrichment (SEE) courses start in July

Learn about metaphysics, conversation skills, prosperity, healing and wholeness and much more.

[Click here](#) to see the full line-up of courses and to register for the ones you want to attend.

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### Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office, [officeunityottawa@yahoo.ca](mailto:officeunityottawa@yahoo.ca), to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray with you.



## How you can give:

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
2. Donate at [www.unityottawa.org](http://www.unityottawa.org)
3. E-transfer to [officeunityottawa@yahoo.ca](mailto:officeunityottawa@yahoo.ca)
4. Mail a cheque to:

Unity Spiritual Centre Ottawa  
Box 21587, 3080 Carling Avenue  
Ottawa, ON K2B 0A3

Thank you for your generosity!

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Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

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## Upcoming Sunday Services (all on Zoom)

### **June 27:**

Serenity Service on the Power of Imagination with our Prayer Partners

### **July 4: ( Unity Kitchener joins us)**

The Power of Understanding with Rev. Roxanne Buckle

### **July 11: (we join Unity Kitchener)**

Deirdrey Francois

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