



This Sunday The Clocks Go Forward!

Remember to set your clocks **ahead** Saturday night, so you aren't late for service!

This Sunday 10:30 a.m. Wisdom: Seek and Ye Shall Find with Michael Swinwood (we join Unity Kitchener)

[Click here](#) to join service.

Meeting ID: 195 915 846 Passcode: 016155

[Click here](#) for phone-in instructions.



“In shallow men the fish of little thoughts cause much commotion. In oceanic minds the whales of inspiration make hardly a ruffle” (Paramahansa Yogananda). The dictionary defines wisdom as the quality of having experience, knowledge, and good judgement - the quality of being wise. In many indigenous societies, spiritual leaders are known as wisdom keepers.

Fear serves as a base for many errors, while love unlocks the internal wisdom that awakens our consciousness. To attain wisdom, we must seek wisdom. It is said that on the Mother Earth there are three Halls - the Hall of Ignorance, the Hall of Knowledge, and the Hall of Wisdom.

We explore the keys required to unlock the Door of each Hall to enter a grander existence, guided by the Twin Flames of Love/Wisdom, our internal Father/Mother God.

Next week Sunday Mar. 21

Martha Creek is back!

Pass along to your friends.

The loving force that has called herself both



mentor and tormentor, Martha will continue our March Wisdom journey with a powerful Sunday lesson titled "Wisdom — Two Necessary Paths." Letting go and surrendering enable us to move toward wisdom, a radical journey inward and living the "Universal Christ."



Community Circle

We meet as a group again on Sunday, March 21 after fellowship. The President of the Board, Susan Hagar, will brief us all on what the Board has been doing following which there will be plenty of time to ask questions and offer comments.

Unity Worldwide Theme for March is Wisdom

[Click here](#) for Wisdom video.

To read more about Wisdom [click here](#) and click on tab for March.



Fundraiser for Prayer Partner training

USCO Prayer Partners will soon undertake their annual, mandatory training via Zoom from Unity Village, with Rev. Linda Martella-Whitsett and others. Please consider a special donation to the Prayer Partners to help fund the \$2,000 training. For more info on the training [click here](#). You can donate via the website at www.unityottawa.org or electronically via officeunityottawa@yahoo.ca. When you donate, please mention that it is for "PP training."

Spirit Groups

Thank you to all who attended the 2



Spirit Groups studying "Creating a World That Works for All."
New Spirit Groups will be starting in May, more details to come.
If you are interested in hosting a Spirit Group, please email Cheryl at mcunitykitchener@gmail.com

Community Corner



Marie-Josée Martin recommends watching Brenée Brown's ***Call to Courage*** on Netflix. In this TED talk, Brenée discusses what it takes to choose courage over comfort in a culture defined by scarcity, fear and uncertainty.

(photo by Lindsey Gibeau)

Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray with you.



How you can give:

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
2. Donate at www.unityottawa.org
3. E-transfer to officeunityottawa@yahoo.ca

4. Mail a cheque to:

**Unity Spiritual Centre Ottawa
Box 21587, 3080 Carling Avenue
Ottawa, ON K2B 0A3**

Thank you for your generosity!

**Unity Spiritual Centre Ottawa is very grateful for the
contribution of all of our sacred servers and staff.**

**Upcoming Sunday Services
(all on Zoom)**

**March 14: (Unity Ottawa joins Unity Kitchener)
Wisdom: Seek and Ye Shall Find, with Michael Swinwood**

**March 21:
Wisdom: Two Necessary Paths with Rev. Dr. Martha Creek**

**March 28:
Serenity Service on the Power of Wisdom with our Prayer Partners**