



This Sunday, November 28 - First Sunday of Advent Serenity Service with our Prayer Partners

Click here to join service

Meeting ID: 872 1401 2038 Passcode: 203630 Click here for phone-in instructions.

Please join us as we spend time in contemplation on this first Sunday of Advent. Advent is that time preceding Christmas, when we prepare for and celebrate the birthing of the Christ Consciousness in ourselves and in the world. The Advent themes of Faith, Peace, Love and Joy are explored.



Missed last week's Service?

Click here to go to our YouTube channel and watch our recorded services.

Next Sunday, December 5: The Inner Advent Journey of Peace with Rev. Roxanne Buckle



ADVENT HAS BEEN SEEN AS AN EXPLORATION OF FAITH, AN INNER SEARCH OF THE MIND AND HEART.

ADVENT BEGINS

Advent guides us to explore what Christmas means to us personally and to discover that the greatest gift we can give to our family, friends, and the world is ourself!

This Sunday we honour our openness to HOPE and FAITH.

I look for the many ways, the GOOD I SEEK is already mine! unity.org



Thursday Dec 9 - 7:00 p.m. Blue Christmas: A Service of Wholeness and Healing hosted by USCO, with Rev. Roxanne Buckle.

Wednesday Dec 22 - 7:00 p.m. Christmas Candlelighting Service hosted by Unity Kitchener

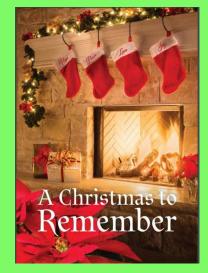


As we approach the end of another year, it's time to renew our memberships at USCO. To renew your membership, please <u>click here</u> and scroll down to the Membership Renewal form.

Download Your Free 2021 Unity Advent Booklet

A Christmas to Remember, the new Unity Advent Booklet, will remind you of the importance of the season, and help you enjoy the promise and wonder of the holiday.

This booklet will enrich your celebration with special Sunday essays, personal stories, and daily reflections beginning November 28. You'll also explore your 12 divine powers for the 12 days of Christmas leading to Epiphany on January 6. Use *A Christmas to Remember* to take a moment

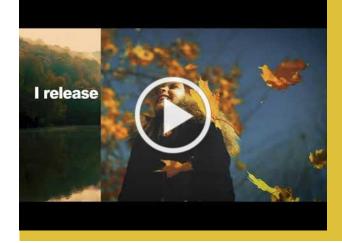


every day to focus on hope and faith, peace, love, and joy—gifts that endure, and can bring strength, connection, and renewal in this season and all year long.

To order your own copy click here.

Unity Worldwide Theme for November is Release

To read more about Release click here and click on the tab for November.



Unity Ottawa's Five Principles

God is Love; the One Power and One Presence in everything, everywhere.

I am an expression of God, and therefore inherently good.

The light of my heart guides my thoughts to create my highest good.

I align with God through prayer, meditation, and contemplation.

I do my best to live the Truth I know.

DAILY WORD. A Unity Publication

Daily Word offers inspiration and practical teachings through daily prayer messages to help people of all faiths live healthy, prosperous, and

meaningful lives. The magazine includes two months of daily affirmations, and messages, featured daily prayer articles and spiritual poetry. Subscriptions are available for print editions (regular size, large type or Spanish), as well as the new Digital Subscription Package, which includes the Online Magazine with audio, smartphone app, and daily email.

For more information and to subscribe, go to dailyword.com



To find out more about Unity News and Events from around the country, you can <u>click here</u> to find Unity Canada's newsletter.

Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office,

officeunityottawa@yahoo.ca, to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray with you.





How you can give:

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts

- 2. Donate at www.unityottawa.org
- 3. E-transfer to officeunityottawa@yahoo.ca
- 4. Mail a cheque to:

Unity Spiritual Centre Ottawa Box 21587, 3080 Carling Avenue Ottawa, ON K2B 0A3

Thank you for your generosity!

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

Upcoming Sunday Services (all on Zoom)

November 28:

First Sunday of Advent Serenity Service with our Prayer Partners

December 5: (Unity Kitchener joins us)

The Inner Advent Journey with Rev. Roxanne Buckle

December 12: (We join Unity Kitchener)

Rev. Ogun Holder