

**We join Unity Kitchener this Sunday, October 10  
at 10:30 a.m. for  
Coherence or Resistance, Which? Part 2  
with Rev. Toni Boehm  
[Click here](#) to join service.**

**Meeting ID: 195 915 846 Passcode: 016155  
[Click here](#) for phone-in instructions.**

Everything is Energy and Energy doesn't lie. When you are living in coherence there is harmony and balance showing up in your life ~ life is filled with ease and grace. When you are living in resistance ~ illness, dis-ease, discomfort, lack and limitation become your companions [no judgement or blame, just honest self-observation required]. Join us as we embark on a two-part series exploring how coherence and/or resistance reveals itself in our life and energy field.



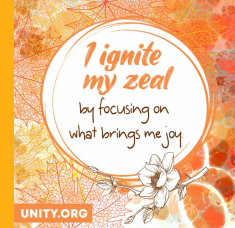
### **Missed last week's Service?**

[Click here](#) to go to our YouTube channel and watch our recorded services.

**The USCO Prayer Team is grateful to  
offer one-on-one affirmative prayer  
before Sunday Service.**

[Click here](#) to join with the Prayer Partner from 9:45 to 10:15 am. You will benefit from the gift of private, affirmative prayer, a helpful reminder of spiritual principle. The Prayer Partner will receive you from the Zoom Waiting Room at her earliest convenience as she may be praying with another congregant when you arrive.





*Early Bird Registration extended to October 11!*

## 2021 Unity Canada Conference

- This year's 3-day Conference event brings you the spoken and musical voices of some of our Unity all-time favourites, as well as introduces you to some powerful voices of change that may be new to you:
- **singer, songwriter and recording artist** [David Roth](#)
- **keynote speaker and founder of The KOJO Institute** [Kike Ojo-Thompson](#)
- **author of Martha's Pearls, A Spiritual Approach to Life** [Rev. Dr. Martha Creek](#)
- **co-founders of Project Sanctus** Rev. Ogun Holder and Rev. Kelly Isola

**Special pricing of \$80 before October 11, 2021**

For more information [click here](#)

## Unity Fundraiser! Time to Sign-Up!

**This will be an exciting adventure together as we learn to:**

**Further Develop Our Intuitive Awareness** – this course is all on Zoom and led by Intuitive Author and Unity Ottawa member, Cheryl Jiala Driskell.

This course will help you further awaken that amazing Intuition that is already reaching out to flourish through you. Discover the ways to Listen, Feel, See and Know your intuitive nature. Know the inner voices that are talking to you. Which one is the healthy guide? Dive into your heart to surrender more deeply into the guidance that is accessible to you. **You will also discover how Intuition is connected to Unity Consciousness and the 4 stages of consciousness, Victim, Victor, Vessel & Verity!**



Cost is \$100 with **ALL proceeds returning to your Unity community.**

Tuesdays from 7:30-9pm (EST), October 12th, 19th and 26th, November 2nd and 9th.

For more information or to sign-up today, please [click here](#). When you click on the payment button, you will see an option to pay with Paypal, or scroll down and you will see the option to pay with your credit card or Visa debit card.

## Unity Ottawa's 5 Principles

With thanks to the team of Penny Thompson, Marie-Josée Martin, Lyn Atterbury, Ann Therriault and Cheryl Driskell.  
And a special thanks to Marie-Josée for this beautiful graphic presentation.

God is Love;  
the One Power and One  
Presence in everything,  
everywhere.

I am an expression of God,  
and therefore inherently good.

The light of my heart  
guides my thoughts to create  
my highest good.

I align with God  
through prayer, meditation,  
and contemplation.

I do my best to live the  
Truth I know.

## Bridging the Divide Bookclub



**'THE SKIN WE'RE IN'**  
Desmond Cole

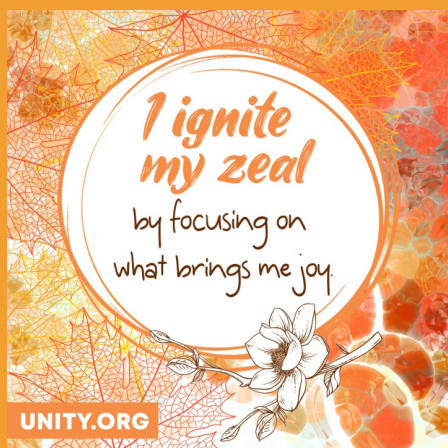
The 2nd and 4th Thursday of the month,  
from 12-1:30 p.m. EDT via Zoom.

Sept 23, Oct 14 & 28, 2021

[Click here](#) to join the discussion on October 14.



To find out more about Unity news and events from around the country, you can [click here](#) to find Unity Canada's newsletter.



### Unity Worldwide Theme for October is Zeal

To read more about Zeal  
[click here](#) and click on tab for October.

### Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office,  
[officeunityottawa@yahoo.ca](mailto:officeunityottawa@yahoo.ca), to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray

with you.

**How may  
we pray  
with you?**



### **How you can give:**

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
2. Donate at [www.unityottawa.org](http://www.unityottawa.org)
3. E-transfer to [officeunityottawa@yahoo.ca](mailto:officeunityottawa@yahoo.ca)
4. Mail a cheque to:

Unity Spiritual Centre Ottawa  
Box 21587, 3080 Carling Avenue  
Ottawa, ON K2B 0A3

Thank you for your generosity!

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

### **Upcoming Sunday Services (all on Zoom)**

**October 10: (USCO joins Unity Kitchener)**

Coherence or Resistance - Which? Pt 2 with Rev. Toni Boehm

**October 17:**

The Power of Zeal with Rev. Roxanne Buckle

**October 24: \*\* note time of 1:00 p.m.**

Special Sunday Experience, Live from the Unity Canada Conference,  
with Rev. Ogun Holder and Rev. Kelly Isola

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