

**This Sunday, October 17 at 10:30 a.m. with Rev. Roxanne
"Pippa's Pursuit: The Power of Zeal"**

[Click here](#) to join service Meeting ID:856 0933 5274 Passcode: 841450

[Click here](#) for phone-in instructions.

Aren't dogs the embodiment of zeal? What can we learn from Pippa, who seems to have mastered this innate power? In Sunday's lesson, we explore how to mobilize our power of Zeal as the "inward fire of the soul" (Charles Fillmore) and direct it toward an ideal to be realized. We will also use our understanding of the power of Wisdom to see how it's an important team-mate of Zeal. "Spiritual zeal is the harnessing of enthusiasm as a propellant into purposeful living" (Divine Audacity, pg. 94).



**Next Sunday, October 24
A Cross-Canada Sunday
Service Experience
1:00 p.m. ET**

The times call for us to innovate and adapt. Digital church must become our default if we want to reach more people. Deciding that digital is your default doesn't mean you'll never gather in person. On the contrary, if you really embrace it, it will mean you gather more people in person because you're reaching more people. Our focus for Sunday services – or whatever day you choose – must not be on gathering but on connecting. During this experience, we will connect, focus on engagement and experience an embodied, online experience you can carry back to your home church –aka "Sunday Service".

**Unity Cross-Canada Sunday Experience
October 24 – 10 a.m. PT/ 1 p.m. ET
(Zoom doors open 30 min before)**



**Featuring Revs Ogun Holder and Kelly Isola
Music by David Roth**

**Please note the time of service for this special event is 1:00 p.m.
We will not be having our regular 10:30 a.m. service on Sunday
October 24.**

Streamlining the Sunday service is the #1 recommendation by the experts studying healthy congregations in a digital age.

Your USCO board and key leaders have discussed ideas on how to **shorten our service** in order to make it more appealing to a broader audience, which includes attracting millennials. Some new ideas to facilitate a streamlined service flow will be tried out **starting at this Sunday's service**, including ways to deliver some of the content by other means. As always, your feedback is welcome and appreciated.

Missed last week's Service?

[Click here](#) to go to our YouTube channel and watch our recorded services.

The USCO Prayer Team is grateful to offer **one-on-one affirmative prayer before Service.**

[Click here](#) to join with the Prayer Partner from 9:45 to 10:15 am.



Michael Swinwood's Full Moon Meditation Tuesday October 19 at 7:00 p.m.

To join [click here](#).

If you would like to experience Michael's other meditations, you can visit his YouTube channel [here](#).



Still time to register! For more information [click here](#)

2021 Unity Canada Conference

- This year's 3-day Conference event brings you the spoken and musical voices of some of our Unity all-time favourites, as well as introduces you to some powerful voices of change that may be new to you:
- **singer, songwriter and recording artist [David Roth](#)**

- **keynote speaker and founder of The KOJO Institute**[Kike Ojo-Thompson](#)
- **author of Martha's Pearls, A Spiritual Approach to Life**[Rev. Dr. Martha Creek](#)
- **co-founders of [Project Sanctus](#)** Rev. Ogun Holder and Rev. Kelly Isola



Unity Worldwide Theme for October is Zeal

To read more about Zeal [click here](#) and click on tab for October.

Unity Ottawa's 5 Principles

With thanks to the team of Penny Thompson, Marie-Josée Martin, Lyn Atterbury, Ann Therriault and Cheryl Driskell.

And a special thanks to Marie-Josée for this beautiful graphic presentation.

God is Love;
the One Power and One
Presence in everything,
everywhere.

I am an expression of God,
and therefore inherently good.

The light of my heart
guides my thoughts to create
my highest good.

I align with God
through prayer, meditation,
and contemplation.

I do my best to live the
Truth I know.

DAILY WORD
A Unity® Publication

Daily Word offers inspiration and practical teachings through daily prayer messages to help people of all faiths live healthy, prosperous and meaningful lives. The magazine includes two months of daily affirmations messages, feature daily prayer articles and spiritual poetry. Subscriptions are

available for print editions (regular size, large type or Spanish) as well as the new Digital Subscription Package, which includes the Online Magazine with audio, smartphone app and daily email.

For more information and to subscribe, go to dailyword.com



To find out more about Unity news and events from around the country, you can [click here](#) to find Unity Canada's newsletter.

Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office, officeunityottawa@yahoo.ca, to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray with you.



How you can give:

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
2. Donate at www.unityottawa.org

3. E-transfer to officeunityottawa@yahoo.ca

4. Mail a cheque to:

Unity Spiritual Centre Ottawa
Box 21587, 3080 Carling Avenue
Ottawa, ON K2B 0A3

Thank you for your generosity!

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

Upcoming Sunday Services (all on Zoom)

October 17:

Pippa's Pursuit: The Power of Zeal with Rev. Roxanne Buckle

October 24: ** note time of 1:00 p.m.

Special Sunday Experience, Live from the Unity Canada Conference, with Rev. Ogun Holder and Rev. Kelly Isola

October 31:

Day of the Dead Serenity Service with our Prayer Partners
