
This Sunday, September 5 at 10:30 a.m.
"High Watch" with Rev. Toni Boehm

[Click here](#) to join service.

Meeting ID: 882 1857 4003 Passcode: 312191

[Click here](#) for phone-in instructions.

The term *High Watch* was coined by new thought pioneer Emma Curtis Hopkins. Unity Co-Founder Myrtle Fillmore and May Roland, head of Silent Unity for over 50 years used the term frequently in their written and spoken communication. Join us as we take a deep dive into the meaning of holding the high watch, on the Sunday just prior to Unity World Day of Prayer.



Rev. Toni Boehm is an ordained Unity Minister, internationally known speaker, author of 12 books, certified organization and life coach, nurse, and poet. She was the former Vice-President of Education, Hospitality and Retreats for Unity Institute, and was the 2017 Recipient of the Charles Fillmore Award for Visionary Leadership.

**The USCO Prayer Team is grateful to offer
one-on-one affirmative prayer before Sunday
Service.**

[Click here](#) to join with the Prayer Partner from 9:45 to 10:15 am. You will benefit from the gift of private, affirmative prayer, a helpful reminder of spiritual principle. The Prayer Partner will receive you from the Zoom Waiting Room at her earliest convenience as she may be praying with another congregant when you arrive.



JOIN UNITY CANADA FOR World Day of Prayer ~ Online

24 Hour Drop-In

Join Unity Canada's Prayer Chaplain, Rev. Barbara Schreiner-Trudel, as well as Licensed Unity Teachers and your friends from ministries across Canada for this year's World Day of Prayer.

We'll connect in with the Unity.org virtual event... and we might even have a song or two!

Let's all be together to affirm this year's theme: All Is Well With My Soul.

And if you're looking for advance self-reflection through a spiritual lens, Unity.org offers 3 powerful self-reflection questions [here](#).

Mark your calendars for this 24-hour Canadian World Day of Prayer experience Wednesday, September 8. We'll start at 7:30 (ET) and continue until 7:30 (ET) Thursday, September 9.

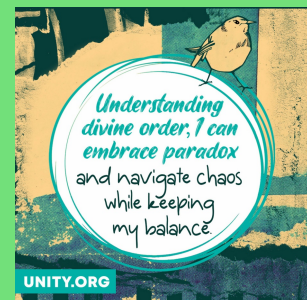
You're welcome to drop in and out at any time throughout the 24 hours.

For Zoom link, click [here](#) Meeting ID: 860 4882 6492 Passcode 042985.

Questions? Contact Rev. Barbara by clicking [here](#).

Unity Worldwide Theme for September is Order

To read more about Order
[click here](#) and click on tab for September.



**Next week, September 12:
We join Unity Kitchener for more pearls of
wisdom from Rev. Dr. Martha Creek**

Followed by a workshop!

Join in community with Unity Kitchener and Unity Windsor as we dive deeper into the wisdom that Martha will share in her Sunday talk. Cost is \$25.

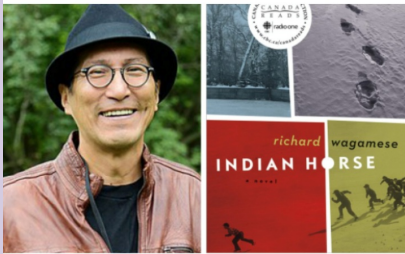
To register for the workshop, [click here](#).



Thursday September 9 from 12 - 1:30 Bridging the Divide Bookclub

Join us for the third and final meeting to discuss Richard Wagamese's book Indian Horse.

Indian Horse by Richard Wagamese



This book is a stunning and gritty story of survival and resilience that unfolds with genuine raw emotion on every page. Selected for the 2013 Canada Reads contest, it is a must read.

To join us at noon [click here](#).

*2021 CONFERENCE * SPECIAL EDITION * AUG 16*



**Early Bird
Registration Open Now!**

2021 Unity Canada Conference

- This year's 3-day Conference event brings you the spoken and musical voices of some of our Unity all-time favourites, as well as introduces you to some powerful voices of change that may be new to you:
- **singer, songwriter and recording artist** [David Roth](#)
- **keynote speaker and founder of The KOJO Institute** [Kike Ojo-Thompson](#)
- **author of Martha's Pearls, A Spiritual Approach to Life** [Rev. Dr. Martha Creek](#)
- **co-founders of Project Sanctus** Rev. Ogun Holder and Rev. Kelly Isola

Special pricing of \$80 before September 30, 2021

For more information [click here](#)

**Save the dates!
Unity Fundraiser!**

Develop your intuitive awareness – NEW



online course led by Intuitive Author and Unity Ottawa member, Cheryl Jiala Driskell. This course will help you further awaken that amazing Intuition that is already reaching out to flourish through you. Discover the ways to Listen, Feel, See and Know your intuitive nature. Know the inner voices that are talking to you. Which one is the healthy guide? Dive into your heart to surrender more deeply into the guidance that is accessible to you.

Cost is \$100 with **ALL proceeds returning to your Unity community.**

Tuesdays from 7:30-9pm (EST), October 12th, 19th and 26th, November 2nd and 9th.

For more information: [click here](#)

Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office, officeunityottawa@yahoo.ca, to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray with you.



How you can give:

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
2. Donate at www.unityottawa.org
3. E-transfer to officeunityottawa@yahoo.ca

4. Mail a cheque to:

Unity Spiritual Centre Ottawa
Box 21587, 3080 Carling Avenue
Ottawa, ON K2B 0A3

Thank you for your generosity!

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

Upcoming Sunday Services (all on Zoom)

September 5: (Unity Kitchener joins us)
"High Watch" with Rev. Toni Boehm

September 12: (we join Unity Kitchener)
Rev. Dr. Martha Creek, followed by workshop

September 19:
Divine Order with Rev. Paul Hasselbeck
