

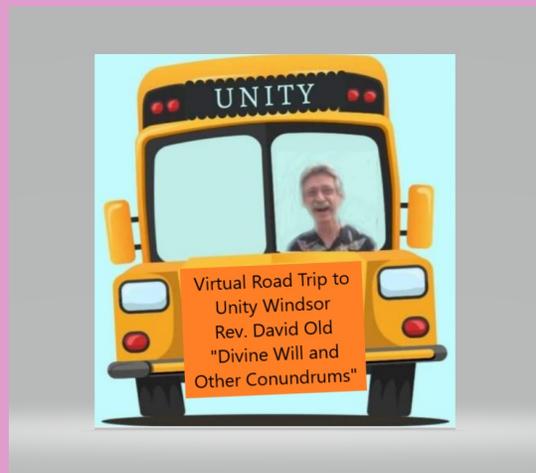
**This Sunday August 29 at 10:30 a.m.
"Divine Will and Other Conundrums"
with Rev. David Old (Unity Windsor)
[Click here](#) to join Facebook Live service.**

USCO has been invited on a virtual road trip to join Unity Windsor at **10:30 AM ET.**

Here's how it will work with Unity Windsor:

1. at 10:30 a.m. you can view the service via Unity Windsor's Facebook Live by [clicking here](#). (you do not need to have a Facebook account to access)

2. Directly after viewing the service, at approximately 11:30 a.m. join on Zoom for live fellowship and "Conversations with the Minister" to explore the Sunday message in more depth by [clicking here](#).
Meeting ID: 707 358 016; Password: 224114



Missed last week's Service?

[Click here](#) to see our YouTube channel and all of our recorded services.

The USCO Prayer Team is grateful to offer one-on-one affirmative prayer before Sunday Service.

Affirmative prayer is foundational to Unity. *Affirmative* means agreeing with a statement, being supportive, hopeful, or encouraging. Through our prayers, we affirm the truth of our spiritual nature as divine beings having a human experience.

[Click here](#) to join with the Prayer Partner from 9:45 to 10:15 am. You will benefit from the gift of private, affirmative prayer, a helpful reminder of spiritual principle. The Prayer Partner will receive you from the Zoom Waiting Room at her earliest convenience as she may be praying with another congregant when



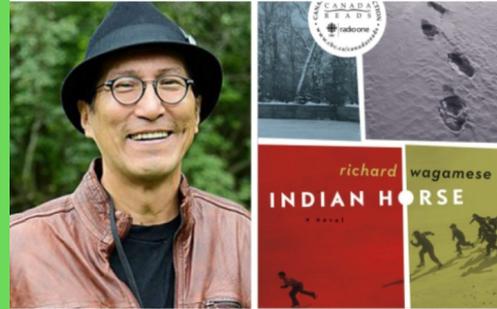
you arrive.

Join us today from 12-1:30 for Bridging the Divide Bookclub

This book is a stunning and gritty story of survival and resilience that unfolds with genuine raw emotion on every page. Selected for the 2013 Canada Reads contest, it is a must read.

To join us at noon [click here.](#)

Indian Horse by Richard Wagamese



Next week, September 5: "High Watch" with Rev. Toni Boehm

The term *High Watch* was coined by new thought pioneer Emma Curtis Hopkins. Unity Co-Founder Myrtle Fillmore and May Roland, head of Silent Unity for over 50 years used the term frequently in their written and spoken communication. Join us as we take a deep dive into the meaning of holding the high watch, on the Sunday just

prior to Unity World Day of Prayer.

Rev. Toni Boehm is an ordained Unity Minister, internationally known speaker, author of 12 books, certified organization and life coach, nurse, and poet. She was the former Vice-President of Education, Hospitality and Retreats for Unity Institute, and was the 2017 Recipient of the Charles Fillmore Award for Visionary Leadership.

Coming September 12 at Unity Kitchener Rev. Dr. Martha Creek Workshop

Martha will be guest speaker as well as offering a workshop following service.

We will join in community with Unity Kitchener and Unity Windsor as we dive deeper into the wisdom that Martha will share in her Sunday talk. Cost is \$25.

To register for the workshop, [click here.](#)





Early Bird Registration Open Now!

2021 Unity Canada Conference

- This year's 3-day Conference event brings you the spoken and musical voices of some of our Unity all-time favourites, as well as introduces you to some powerful voices of change that may be new to you:
- **singer, songwriter and recording artist** [David Roth](#)
- **keynote speaker and founder of The KOJO Institute** [Kike Ojo-Thompson](#)
- **author of Martha's Pearls, A Spiritual Approach to Life** [Rev. Dr. Martha Creek](#)
- **co-founders of Project Sanctus** [Rev. Ogun Holder](#) and [Rev. Kelly Isola](#)

Special pricing of \$80 before September 30, 2021

For more information [click here](#)



**UNITY WORLD
DAY OF PRAYER**
September 8-9, 2021

Prayer is what centres us, strengthens us, and gives us peace. Affirmative

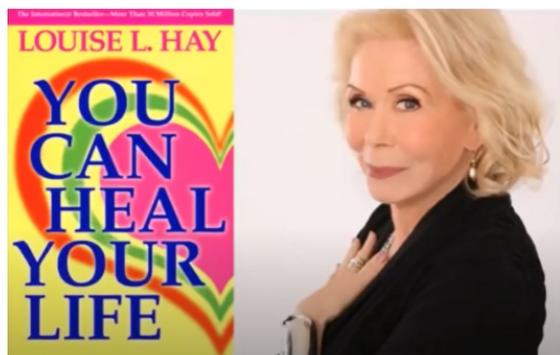
prayer has the power to transform our lives. And prayer has always been at the heart of Unity.

We invite you to watch the video and find out more at unity.org/wdop

And we affirm “No matter the circumstances, all is well with my soul.”

Unity Worldwide Theme for August is Will

To read more about the Power of Will [click here](#) and click on the tab for August.



Unity Spiritual Centre Hamilton invites us to join their new enrichment class based on *You Can Heal Your Life* by Louise Hay. The class teaches love of the self and release of guilt to become mentally free and physically healthy. You will only begin to change your life when you learn how to

love yourself properly.

The classes will be held on Saturdays, starting on October 2 from 10:30 a.m. – 12:30 p.m. Early bird fee (before September 15) is \$60.

To register for the class [click here](#)

Required text is *You Can Heal Your Life* by Louise Hay.

Save the dates!

Unity Fundraiser!

Develop your intuitive awareness – NEW online course led by Intuitive Author and Unity Ottawa member, Cheryl Jiala Driskell. This course will help you further awaken that amazing Intuition that is already reaching out to flourish through you. Discover the ways to Listen, Feel, See and Know your intuitive nature. Know the inner voices that are talking to you. Which one is the healthy guide? Dive into

your heart to surrender more deeply into the guidance that is accessible to you.

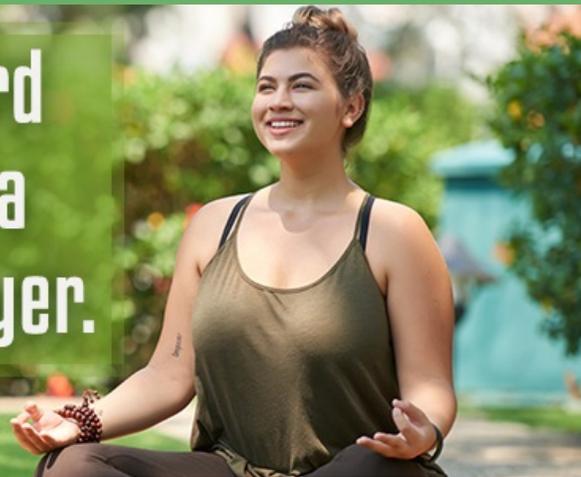
Cost is \$100 with **ALL proceeds returning to your Unity community.**

Tuesdays from 7:30-9pm (EST), October 12th, 19th and 26th, November 2nd and 9th.

For more information: [click here](#)



Every word
or act is a
kind of prayer.



A regular prayer practice can open our hearts to the presence of God

Positive prayer is powerful, and regular prayer can help us open hearts to the presence of God. [Click here](#) to enjoy eight daily practices for positive prayer from Rev. Hypatia Hasbrouck.

Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office, officeunityottawa@yahoo.ca, to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray with you.





How you can give:

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
2. Donate at www.unityottawa.org
3. E-transfer to officeunityottawa@yahoo.ca
4. Mail a cheque to:

Unity Spiritual Centre Ottawa
Box 21587, 3080 Carling Avenue
Ottawa, ON K2B 0A3

Thank you for your generosity!

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

Upcoming Sunday Services (all on Zoom)

August 29: (we join Unity Windsor)
"Divine Will and Other Conundrums" with Rev. David Old

September 5: (Unity Kitchener joins us)
"High Watch" with Rev. Toni Boehm

September 12: (we join Unity Kitchener)
Rev. Dr. Martha Creek; workshop to follow
