

**This Sunday, May 9 at 10:30 a.m. we join Unity Kitchener
The Metaphysics of Mary with Rev. Nickie Golden**

[Click here](#) to join service.

Meeting ID: 195 915 846 Passcode: 016155

[Click here](#) for phone-in instructions.

The Metaphysics of Mary will explore how we can call upon the wisdom of Mary to live our divine nature as human beings. Mary invites us to balance our spiritual intelligence with heart-centered emotions as we apply the Law of Mind Action to live a life of joy. Rev. Nickie Golden is one of the co-ministers of Unity of Wilmington, N.C, as well as a Clinical Psychologist. She is able to integrate her love of spirituality and psychology as she blends the principles of both to invite others to live in their wholeness with joy.

Rev. Nickie enjoys pastoral care, teaching, speaking and facilitating workshops. In addition, she enjoys playing singing bowls, reading, walking by the ocean, her cats and having fun in life.



RESCHEDULED DATE!

Spiritual Café

Tuesday May 11, 10:00 a.m.

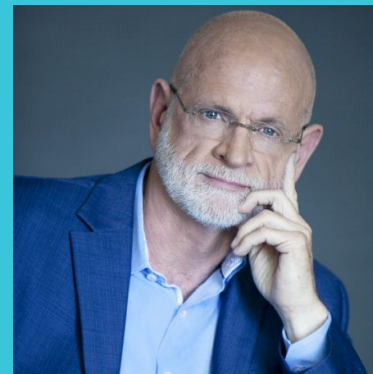
Join Rev. Roxanne for a deeper and continued exploration of the Power of Power/Dominion. This café will feature an expanded meditation, some great music and discussion of concentration, mastery, and authority.

All are welcome.

[Click here](#) to join on Zoom.

**Next week, May 16
Tri-Umphant!
with Rev. Dr. Paul Hasselbeck**

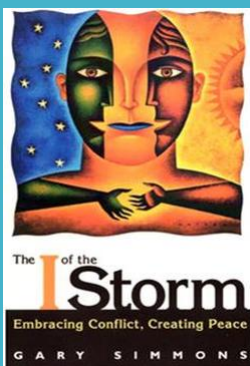
Are you responsible for everything that happens in your life? Just where does our responsibility lie? Dominion, Faith and Strength are three POWERS we use in being radically responsible.



Unity Worldwide Theme for May is Power

To read more about Power [click here](#) and click on tab for May.

Watch the video on Power:



The I of the Storm

This book offers a transformational approach to working through conflict. This Spirit Group series provides opportunities for guided self-reflection and tools for shifting our paradigm around conflict.

Beginning Tuesday, May 18 from 1-3 p.m.

[Click here](#) for more details and to register.

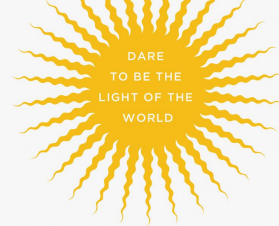
Divine Audacity

This book applies the radical presumption: I am divine. My nature is one with the divine nature of God. I am able to express the highest spiritual principles in the midst of everyday situations.

In this Spirit Group, we will discover what it means to dare to be the light of the world. These groups will be offered on two different days and at different times via Zoom.

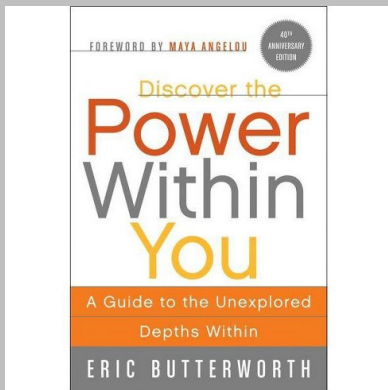
For the group starting Tuesday, May 18 from 7-9 p.m. [click here](#).

For the group starting Wednesday, May 19 from 2-4 p.m. [click here](#).



DIVINE AUDACITY

linda martella-whitsett
Author of *How to Pray Without Talking to God*



Discover the Power Within You

Explore the classic work by Eric Butterworth, "Discover the Power within You," which lays the foundation for the science and structure of New Thought traditions. Expand your understanding of New Thought teachings with your Spirit Group.

Beginning Friday May 21, 6 - 8 p.m.

[Click here](#) for more information.

Save the date!

Monday, June 7 at 7:00 p.m.
USCO social event on Zoom (the picture provides a clue to the event).

More clues to follow in next week's newsletter.



Unity Convention 2021

June 14-17, 2021



Unity Worldwide Ministries' 2021 convention will be a VIRTUAL event. The schedule includes all the things that you love about convention: keynotes, workshops, awards, memorial service, music, and more! [Click here](#) for more information.



Unity Offers Practical Tools for Nourishing Spiritual Life

Unity is often described as “practical Christianity.” At the heart of the Unity philosophy is regular and individual practice. When we recognize our divine nature, as Unity legend Catherine Ponder said, “We should get busy claiming our heritage of health, wealth, and happiness.”

Wherever you are on your spiritual journey, explore these practical spiritual tools to nurture your divine spirit and create a more prosperous, healthy, and happy life.

To add to your toolbox [click here](#).

Prayer Requests

USCO's Prayer Partners, trained in affirmative prayer, are on duty during the week if you want prayer.

Please email the office, officeunityottawa@yahoo.ca, to request a prayer. The Prayer Partner on duty will get back to you by telephone to arrange a time to pray with you.



How you can give:

1. Tithe.ly app, search for Unity Church of Ottawa and follow prompts
2. Donate at www.unityottawa.org
3. E-transfer to officeunityottawa@yahoo.ca
4. Mail a cheque to:

Unity Spiritual Centre Ottawa
Box 21587, 3080 Carling Avenue
Ottawa, ON K2B 0A3

Thank you for your generosity!

Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our sacred servers and staff.

Upcoming Sunday Services (all on Zoom)

May 9:

The Divine Feminine with Rev. Nickie Golden
(we join Unity Kitchener)

May 16:

Tri-Umphant! with Rev. Paul Hasselbeck

May 23:

Embodying the 12 Powers, 3 USCO members share their experiences