

Please join us via Zoom this Sunday Nov 8, at 10:30 a.m. for

*A Course in Miracles: Walking the Path, Part 2*  
with  
Mary Anne Buchowski

[click here to join Zoom service](#)

meeting ID: 891 6355 5256  
passcode: 519502

or for instructions on how to phone in

[click here](#)

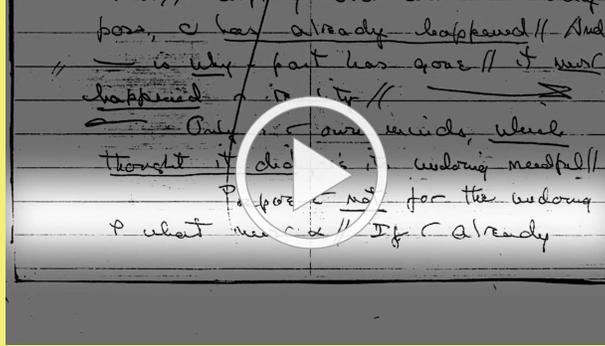
**SUN November 8**

***A Course in Miracles: Walking the Path, Part 2***  
with  
**Mary Anne Buchowski**



In this second of a two-part talk, Mary Anne will take us deeper into what it means to be a Course student and to walk its path, especially during uncertain and turbulent times such as these. She will also share resources to help us along the path.

To learn more about the new edition of *A Course in Miracles: Circle of Atonement*, watch the trailer here:



**A Course in Miracles Complete Edition  
(CE) Trailer**

**SUN Nov 15  
Power as Presence and Presents  
with  
Rev. Dr. Martha Creek**



**Presence has the power of the universe. No skills, knowledge, techniques, or platitudes provide an ultimate solid ground of our being. Presence is powered up, peaked up and deepened through diligent, consistent practice and application. Discover the Power Within You through the Presence that IS you.**

**Widely known in New Thought, Martha's trainings approach deep inner work as an adventure with a sense of curiosity and wonder. A master of the art of right questioning, she calls forth the most stubborn and self-defeating patterns to create a new way of being, literally. Ordained in Religious Science and Divine Science, Martha has served as Great Lakes Unity Consultant, and is a member of Unity Institute faculty. She has attended Emerson Theological Seminary (Masters and Doctorate), Byron Katie School for The Work, and Hoffman Institute. She is a Healthy Congregations Facilitator and Trainer.**

**SUN November 22**  
**Saying Yes! to your Weirdness**  
**with JP Sears (video)**



Many people tend to treat their weirdness as a dangerous liability. Why is that? Weirdness is actually one's greatest asset, serving as a bridge into one's authenticity. Join JP Sears to discover how to take action on finding the courage to say YES! to weirdness and enjoy the meaning and fulfilment that the asset of weirdness can bring you.

JP Sears is an emotional healing coach, YouTuber, author, international teacher, speaker, world traveller, and curious student of life. His work empowers people to live more meaningful lives. JP, the author of *How To Be Ultra Spiritual*, is very active online where he encourages healing and growth through his entertaining yet informative videos, including his hit *Ultra Spiritual* comedy series, which has accumulated over 250 million views. Learn more about JP and his work at [www.awakenwithjp.com](http://www.awakenwithjp.com).



We extend our sincere thanks and appreciation to Timothy Laflamme and *Tone Canada* magazine as they continue to publish our "Introduction to Unity" series of articles.

If you are on Facebook, please consider befriending the magazine and sharing their messages of spirit and New Thought.

*Tone Canada* can be found in print in health stores around the city and online at: [www.tonecanada.ca](http://www.tonecanada.ca)

Both are free!



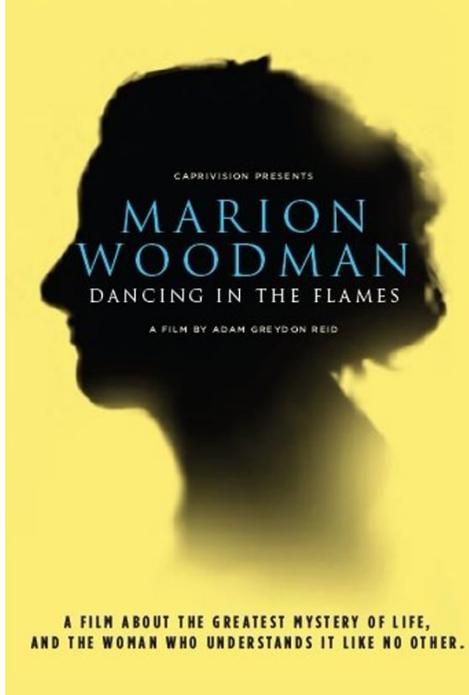
There's a free app that might be of interest to you. Insight Timer contains the largest library of free guided meditations and music tracks on Earth. On the app you will find free insightful talks, courses, music and events featuring "big name" presenters.

To learn more and to download the app:

[www.insighttimer.com](http://www.insighttimer.com)

### **USCO movie night!**

**Marion Woodman: Dancing in The Flames**  
**Monday November 16, 7-9 p.m. on Zoom.**



**Grab some popcorn! Brenda Mason hosts:**

**Guided by mystic and author, Andrew Harvey, the film explores the soul journey of renowned Jungian analyst and author, Marion Woodman, revealing a series of psychological 'deaths' and 'rebirths'. The film records Marion's battle with anorexia, her revelatory experiences in India, her ever-evolving marriage, and her dance with cancer.**

**Marion has 'died into life' and is the perfect teacher and midwife for this critical period in our history, as our planet experiences "a shedding of its outworn skin."**

**Through the use of stunning animation from Academy Award-winning artist Faith Hubley, filmmaker Adam Greydon Reid seamlessly weaves Marion's inner and outer lives together and transmits a core truth of what it is to be human.**

**Tickets are only \$11. How about treating a friend to join us? You can pay for your tickets via credit card or PayPal at: [www.unityottawa.org](http://www.unityottawa.org) then please email the office at [officeunityottawa@yahoo.com](mailto:officeunityottawa@yahoo.com) to get the Zoom link.**

**Surprises are planned!**

**The Universal Law of Giving and Receiving tells us that as we give, so do we receive. We invite you be an active partner in the Divine Flow, Substance, Nature and Presence that we are, that USCO is, by**

contributing easily and regularly even when we aren't meeting in-person on Sunday.

### Here's how we can give:

1. Download the tithe.ly phone app, search for Unity Church of Ottawa and follow prompts

2. [Click here to donate using Paypal](#)

3. Send an e-transfer through your bank, using *officeunityottawa@yahoo.ca* as the recipient

4. You can send a cheque to the office mailing address:

Unity Spiritual Centre Ottawa  
Box 21587, 3080 Carling Avenue  
Ottawa, ON K2B 0A3

Thank you for your generosity!

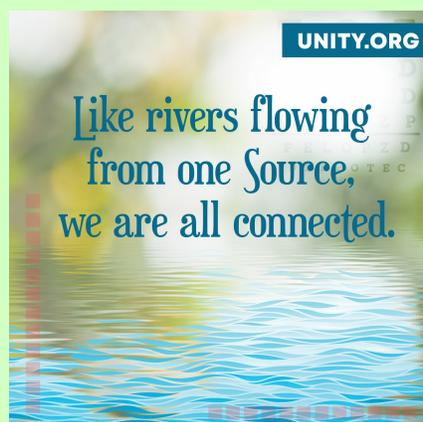


## Theme for November

### Unity Worldwide Theme and Affirmation:

The theme for November is Interconnection.

**Affirmation:** Like rivers flowing from one Source, we are all connected.



Unity Worldwide Ministries provides excellent resources for going deeper with the themes.

To read more about Interconnection [click here](#) and then click on tab for November.

**Do you miss socializing with your church friends?**

**Please contact: [lovdydesjardins@yahoo.ca](mailto:lovdydesjardins@yahoo.ca)**

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**Unity Spiritual Centre Ottawa is very grateful for the contribution of all of our volunteers and staff.**

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### **Upcoming Sunday Services (all on Zoom)**

**November 8: *A Course in Miracles* Part 2: Mary Anne Buchowski**

**November 15: *Power as Presence and Presents*: Rev. Dr. Martha Creek**

**November 22: *Saying Yes! to your Weirdness*: JP Sears (video)**

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### **About USCO**

**Sunday Service: 10:30 a.m.**

[Visit our Website](#)

email: [officeunityottawa@yahoo.ca](mailto:officeunityottawa@yahoo.ca)

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STAY CONNECTED:

